

## FIVE-DAY STUDY PLAN

### Breaking Down the Task

#### DAY ONE: ORGANIZE

- Collect notes, previous tests, quizzes
- Get missing notes from a friend or ask teacher

#### DAY TWO: OVERVIEW

- Look over all notes, tests, and quizzes
- Make a list of areas in which you are least confident
  - Jot down questions or even just words on a piece of paper and flag where you found that in your notes or on the study guide
  - Bring this to your teacher to get clarification
- Identify information you already know

#### DAY THREE: FOCUS STUDYING

- Actively study the information you do not know
  - It is not enough to simply reread material. Interact with the material.
    - Create an outline or mind map to organize information
    - Make flashcards for vocabulary or important people
    - Draw a timeline of important events to organize information
    - Predict essay questions and write skeleton outline
  - Recreate the material until you feel confident with the information (when you don't need a cue to help you remember)

#### DAY FOUR: CHECK YOURSELF

- Have you learned the information you targeted?
  - Make questions from the material you studied and try to answer those from memory (while covering answer options)
- Review what you still do not know
- Quiz yourself with a friend
- Teach the information to a friend or parent

#### DAY FIVE: FINAL OVERVIEW

- Go back and review all information
- Highlight key parts of your notes
- Try to write lists/answer questions from memory
- Outline essay answers from memory
- Go to bed early to get plenty of rest! Be sure that you allow enough time for at least 8 hours of sleep.

## Study Differently for Different Subjects

### Math & Science

- Practice problems!!!
  - Do at least one problem from each section you will be tested on
  - Correct your work and notice common errors
  - Complete more problems from sections that you have trouble with
- Vocab/Facts:
  - Make and review with flashcards/quizlet until you can recite the answer without looking
- Cycles/Processes:
  - Create a visual aid (picture or diagram) to represent the information you need to know
  - Recreate the picture without looking at notes/the original

### Humanities

- Complete the study guide
- Make a timeline of important dates and information
- Reread class notes, highlight important context
- Anticipate questions and practice essays
- Use a mnemonic device (ex: first letters of the words within a phrase are used to form a name) to remember important events.