

Windows of The Soul

Living on Purpose



Seven Tuesday sessions:

January 10, March 14, May 9, July 11,
September 12, November 14, and December 12, 2017

Two sessions to choose from:

Morning group: 9:30 - 11:30 am
Evening group: 7:00 - 9:00 pm

Cost: \$165¹

Facilitator: Mary Waskowiak, RSM

Windows of the Soul is a series of seven unique sessions that will take you on an amazing journey of self-awareness and transformation, enriching the most ordinary aspects of your daily life as it unfolds throughout the year. This series is designed to foster deeper personal reflection on the inner movement of one's own soul, as well as in the outer "marketplace" of local and global issues. You will have the opportunity to talk with others about ways to grow in loving consciousness, live beyond fear, and discover new choices for self-expression and ways to lead your own unique life.

Register soon to reserve your space!

Registration Deadline January 5, 2017

Please select either the Morning or the Evening session when you register.

Some financial aid is also available.

Contact cesguerra@mercywmw.org for information.

See reverse side for schedule and themes by month.

¹ *The cost covers the entire series. This program is made possible by the generosity of our donors. The cost remains the same whether or not you attend all sessions; we cannot adjust the fee for absences due to our high administrative costs and the low cost of this program.*



MERCY CENTER
Conferences, Retreats & Spiritual Programs

2300 Adeline Drive | Burlingame, CA 94010 | 650.340.7474 | 650.340.1299 Fax | www.mercy-center.org

Schedule:

Opening Reflection and Presentation

Time for quiet prayer-meditation

Break

Opportunity for sharing within the group

Preparation for the next month's session

In addition, participants are invited to an optional shared conference call during the intervening months with facilitators, Mary Waskowiak RSM and Rey Friel.

Themes for Windows of the Soul

| | |
|-----------|--|
| January | Exploring Windows of the Soul |
| March | Finding Solace in Desolate Times |
| May | Nurturing Feminine Energy |
| July | Cultivating Independence and Interdependence |
| September | Holding On and Letting Go |
| November | Living Honestly in Gratitude |
| December | Following the Light |

Presenters will vary for each month's session.



MERCY CENTER
Conferences, Retreats & Spiritual Programs

2300 Adeline Drive | Burlingame, CA 94010 | 650.340.7474 | 650.340.1299 Fax | www.mercy-center.org