

## FIRST SEMESTER FINAL EXAM STUDY PLAN

This is a study plan to help you prepare for final exams. If you use this strategy, you will be well prepared and experience less anxiety during finals.

### FINAL EXAM SCHEDULE

|                  |              |              |                      |
|------------------|--------------|--------------|----------------------|
| <b>MONDAY</b>    | <b>12-14</b> | 8:00 – 10:00 | A4 Block Four _____  |
|                  |              | 11:00 - 1:00 | B6 Block Six _____   |
| <b>TUESDAY</b>   | <b>12-15</b> | 8:00 – 10:00 | A1 Block One _____   |
|                  |              | 11:00 - 1:00 | B5 Block Five _____  |
| <b>WEDNESDAY</b> | <b>12-16</b> | 8:00 – 10:00 | A2 Block Two _____   |
|                  |              | 11:00 - 1:00 | A3 Block Three _____ |
| <b>THURSDAY</b>  | <b>12-17</b> | 8:00 – 10:00 | B7 Block Seven _____ |

### Weekend of Saturday – Sunday November 28<sup>th</sup> and November 29<sup>th</sup>

#### TIME TO GET ORGANIZED!!

Spend at least two hours in the morning, afternoon, **and evening** preparing for your finals. Organize your notes in the order in which you learned the information so they align with your study guide. If you have not received your study guide, spend some time looking over your tests from the semester and make notes on any information you will need to focus on as you study. Schedule review time throughout the day—notice that there are breaks worked into the schedule. When you think about organizing and reviewing, schedule time as follows: 8:00 am to 10:00 am, 1:00 pm to 3:00 pm, and 7:00 pm to 9:00 pm, so you have breaks and time to do other things.

| Date      | Morning | Afternoon | Evening |
|-----------|---------|-----------|---------|
| Sat 11-28 | _____   | _____     | _____   |
| Sun 11-29 | _____   | _____     | _____   |

### Week of Monday-Friday November 30<sup>th</sup> thru Friday December 4<sup>th</sup>

In addition to your homework, study/review at least two hours each night, 2 subjects, one hour each. Fill in the blanks below with subjects prioritized by difficulty, schedule, or workload. Think about pairing the difficult with less difficult each day.

**Monday:** \_\_\_\_\_ and \_\_\_\_\_

**Tuesday:** \_\_\_\_\_ and \_\_\_\_\_  
**Wednesday:** \_\_\_\_\_ and \_\_\_\_\_  
**Thursday:** \_\_\_\_\_ and \_\_\_\_\_  
**Friday:** \_\_\_\_\_ and \_\_\_\_\_

**Weekend of Saturday – Sunday December 5<sup>th</sup> and 6<sup>th</sup>**

Spend at least two hours in the morning, afternoon, **and evening** studying for your finals. Schedule your study time throughout the day—notice that there are breaks worked into the schedule. When you think about studying, schedule time as follows: 8:00 am to 10:00 am, 1:00 pm to 3:00 pm, and 7:00 pm to 9:00 pm, so you have breaks and time to do other things. Again, fill in the blanks as you did above.

| Date     | Morning | Afternoon | Evening |
|----------|---------|-----------|---------|
| Sat 12-5 | _____   | _____     | _____   |
| Sun 12-6 | _____   | _____     | _____   |

**Week of Monday-Friday December 7<sup>th</sup> -- December 11<sup>th</sup>**

In addition to your homework, study/review at least two hours each night, 2 subjects, one hour each. Fill in the blanks below with subjects prioritized by difficulty, schedule, or workload. Think about pairing the difficult with less difficult each day.

**Monday:** \_\_\_\_\_ and \_\_\_\_\_  
**Tuesday:** \_\_\_\_\_ and \_\_\_\_\_  
**Wednesday:** \_\_\_\_\_ and \_\_\_\_\_  
**Thursday:** \_\_\_\_\_ and \_\_\_\_\_  
**Friday:** \_\_\_\_\_ and \_\_\_\_\_

When you think about studying, schedule time as follows: 8:00 am to 10:00 am, 1:00 pm to 3:00 pm, and 7:00 pm to 9:00 pm, so you have breaks and time to do other things. Again, fill in the blanks as you did above.

**Weekend of Saturday – Sunday December 12<sup>th</sup> and 13<sup>th</sup>**

Spend at least two hours in the morning, afternoon, **and evening** studying for your finals. Schedule your study time throughout the day—notice that there are breaks worked into the schedule.

When you think about studying, schedule time as follows: 8:00 am to 10:00 am, 1:00 pm to 3:00 pm, and 7:00 pm to 9:00 pm, so you have breaks and time to do other things. Again, fill in the blanks as you did above.

**Weekend before finals!!!**

**FOCUS ON YOUR FIRST FINALS: PERIODS 4 AND 6!**

| Date      | Morning | Afternoon | Evening |
|-----------|---------|-----------|---------|
| Sat 12-12 | _____   | _____     | _____   |
| Sun 12-13 | _____   | _____     | _____   |

### FINAL EXAM WEEK: STUDY EACH NIGHT!

Take as much time as needed for each one of your final exams. If you have two exams the next day, study for one exam in the afternoon and one exam in the evening.

### Exam week schedule:

#### DATE

|              |               |               |
|--------------|---------------|---------------|
| Mon. 12-14   | Block 4 final | Block 6 final |
| Tues. 12-15  | Block 1 final | Block 5 final |
| Wed. 12-16   | Block 2 final | Block 3 final |
| Thurs. 12-17 | Block 7 final |               |



Happy Hanukkah

